



TIDINGS

A Community Newsletter from Shell Puget Sound Refinery

Inside This Issue:

- Refinery hosts national Shell oil spill drill in August pg. 2
- New unit at refinery will reduce air emissions pg. 3
- Commitment to Beach Watchers includes combines donations and volunteerism pg. 3
- Anacortes Jazz Festival promoters thank sponsors pg. 4
- Outreach assists vision-impaired woman pg. 4

Issue 2, November 2004
www.shellpugetsoundrefinery.com



Not only did they look great, but members of Team Shell performed well too in the challenging 2004 MS 150 fund-raising event held September 11 and 12. Team members included (front, l. to r.) Valarie Kultgen, Becky Jacobsen, Shelly Holden, Blaine McCoy, Robin Yates, Greg Lykke and (back, l. to r.) Dave Barnett, Tom Smith, James Renslo, David Bartelme, Chris Marwood.

Team Shell pedals to fund fight against multiple sclerosis

In keeping with a tradition that dates back to 1992, a team of volunteers from Shell Puget Sound Refinery recently tackled a 150-mile bicycle ride, raising more than \$3,000 for the National Multiple Sclerosis Society.

The fund-raising event, which is billed as the "MS 150," started and ended this year in La Conner. The weekend ride began in driving rain Saturday morning, eventually taking riders on a challenging course that wound through Skagit, Island and Whatcom counties.

One of Team Shell's 2004 riders was Robin Yates, who has participated in the MS 150 numerous times since 1992.

"I had done the Seattle to Portland (STP) 200-mile ride that year, and saw an opportunity to get more miles on another ride," recalls Robin. "The MS 150 wasn't as big as it is now. I think there were about 200 riders, and we started in Mount Vernon."

In subsequent years, more Shell employees volunteered for the ride. A "core" group including Robin, Blaine McCoy, Becky Jacobsen, Jim Renslo and Pete DeVries has been joined by others in rides throughout the Puget Sound area. Robin recalls one ride that started from Boeing Field, extended to Skagit County and then back again.



Former NBA and University of Washington basketball star Detlef Schrempf brought "star power" as a rider in the 2004 MS 150.

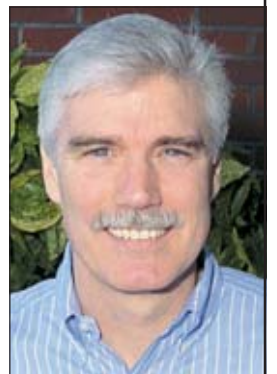
Robin, initially drawn by a desire to contribute to a worthy cause in a competitive setting, has subsequently added a more personal motivation to ride in the MS 150.

"I just love to ride. I love the physical challenge," said Robin. "It wasn't until after my initial decision to participate that I learned my wife's cousin is in a wheelchair with MS. It's a really debilitating disease."

Robin also noted that many people who suffer from MS participate as volunteers at the MS 150.

(See page two)

A Message from Shell Refinery Manager Tom Smith



A quick review of the articles in this issue demonstrates clearly some of the priorities we have at this refinery. These include contributing positively to the community we live in and doing our best to protect the environment we treasure.

I'm very proud of the way our employees participate in the life of Anacortes, Skagit Valley and the greater Northwest. The efforts on behalf of MS, working to help out a local vision-impaired homeowner, contributing to Skagit Valley College scholarships, supporting an important new community event, and helping to educate people about our Puget Sound water resources are all examples of the great work our employees are doing to help make this a special place to live.

Some of what they do is visible to the community. Often what we do is not so visible. Take, for example, our recent oil spill drill. We hosted the national oil spill drill for Shell this year and it is a very important event for us. Experts from our refinery and around the country and from agencies like the Coast Guard, the Department of Ecology, the Skagit Department of Emergency Management, and many others descend on Anacortes to help respond to a large scale spill. Fortunately, the only thing actually spilled might be coffee as these people work intensely for two days to plan how to contain and clean up an oil spill.

The recent spill in south Puget Sound reminds all of us again about how precious and vulnerable our environment is, and how much we need to work to protect it. It is important for everyone in the community to know that we work hard each and every day to protect the safety of our employees and the beauty and health of our environment. One way we work to protect it is to prepare to respond effectively if the worst possible things we can imagine actually happen.

I want to take this opportunity to publicly thank everyone for their outstanding work on the drill and for their continuing efforts to make this a great place to live.